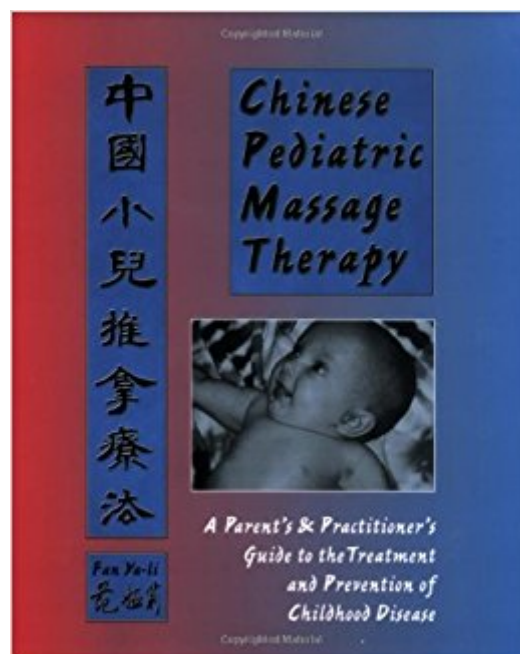


The book was found

Chinese Pediatric Massage Therapy: A Parent's And Practitioner's Guide To The Treatment And Prevention Of Childhood Disease



Synopsis

Chinese pediatric massage becomes accessible for both professional practitioners of Chinese medicine and parents in this guide to its basic theories and techniques. It explains specific Chinese massage techniques for the treatment of many pediatric complaints, including diarrhea, colic, vomiting, constipation, excessive drooling, bed-wetting, night crying, and colds. Illustrations show how to apply each treatment.

Book Information

Paperback: 150 pages

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Average Customer Review: 4.4 out of 5 starsÂ Â See all reviewsÂ (7 customer reviews)

Best Sellers Rank: #151,309 in Books (See Top 100 in Books) #56 inÂ Books > Health, Fitness & Dieting > Alternative Medicine > Chinese Medicine #103 inÂ Books > Health, Fitness & Dieting > Alternative Medicine > Acupuncture & Acupressure #143 inÂ Books > Textbooks > Medicine & Health Sciences > Alternative Medicine

Customer Reviews

This is an informative book on Chinese massage therapy. It has massages that treat problems from abdominal pain to the common cold. Plus it has a general infant massage for a healthy baby. The reason why it earned 4 stars, instead of 5, is that it could have better drawings of the massage movements.

I bought this book eight years ago, when my youngest was an infant. I found it to have immediate practical use--when I applied the techniques, it shortened the course of whatever illness we were treating (the turnaround was often very obvious once I began treatment). The techniques continued to be helpful as my infant grew into a preschooler, and began to come home with all the various bugs that were going around. Another reviewer suggests that the diagrams are insufficient, but the I found the descriptions more than adequate. Follow the directions, and you can help to ease your child through the miseries of common childhood illnesses.

This book is written for the parent to be the diagnostician! It is understandable and thorough. This book will empower the parent to be able to do something for their baby to help ease discomfort from colic, or teething issues, or even the common cold or indigestion, and will also teach techniques that the parents can use to just to boost the baby's own immunity so that they catch fewer colds. These techniques provide a bonding experience also for the parent and the child. A must have! Dr. Fan is an amazing healer and teacher.

This is a great little book. We used it a lot as my baby son was growing up. We are happy to report he's 16 now and had minimal health problems, which this book undoubtedly helped with, like colds and digestive discomfort. To the day he has taken antibiotics only once, and it was because we were traveling. So buy this book and apply the techniques to your little ones. I am sure they'll help to build good health for them as they did for my son.

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Encyclopedia of Thai Massage: A Complete Guide to Traditional Thai Massage Therapy and Acupressure
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